

Baywave – Corner Girven Road & Gloucester Rd | 07 577 8550

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8.00-8.40am	 AQUA FIT	 AQUA BLAST	 AQUA BLAST	 AQUA BLAST	 AQUA BLAST	
8.30 -9.15am						 AQUA BLAST
8.45-9.25am	 AQUA BLAST	 AQUA FIT	 AQUA FIT	 AQUA FIT	 AQUA BLAST	
9.30-10.15am	 AQUA DEEP		 AQUA DEEP	 AQUA DEEP	 AQUA DEEP	
1.30-2.10pm		 AQUA FIT				
1.40-2.20pm				 AQUA FIT		

Please note: classes do not run on public holidays. Ask reception for more information on the 25 Aquafit classes available city wide.
1.30pm classes do not run during the school holidays

Friendly reminder for all aqua members: Please remember to put away your own aqua gear after each class. Please do not give them to children to play with or leave them in or around the pool for others to put away. The equipment is there for your benefit and enjoyment so please let's look after it.