

### Baywave – Corner Girven Road & Gloucester Rd | 07 577 8550

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8.00-8.40am	 <b>AQUA FIT</b>	 <b>AQUA BLAST</b>	 <b>AQUA BLAST</b>	 <b>AQUA BLAST</b>	 <b>AQUA BLAST</b>	
8.30 -9.15am						 <b>AQUA BLAST</b>
8.45-9.25am	 <b>AQUA BLAST</b>	 <b>AQUA FIT</b>	 <b>AQUA FIT</b>	 <b>AQUA FIT</b>	 <b>AQUA BLAST</b>	
9.30-10.15am	 <b>AQUA DEEP</b>		 <b>AQUA DEEP</b>	 <b>AQUA DEEP</b>	 <b>AQUA DEEP</b>	
1.30-2.10pm		 <b>AQUA FIT</b>				
1.40-2.20pm				 <b>AQUA FIT</b>		

Please note: classes do not run on public holidays. Ask reception for more information on the 25 Aquafit classes available city wide.  
1.30pm classes do not run during the school holidays

**Friendly reminder for all aqua members:** Please remember to put away your own aqua gear after each class. Please do not give them to children to play with or leave them in or around the pool for others to put away. The equipment is there for your benefit and enjoyment so please let's look after it.